



Parenting Your Teen

It's a challenge...we can help you through it.

life style choices, stages of development, parenting styles,
discipline choices, peer pressure, substance abuse and
healthy relationships

open to parents of teens 13 - 16
the course is free & space is limited

Call to register: 613-549-7850

Course is 6 evenings - Winter start date:
February 2, 2012

course provided by: